

Exercise Science Check Sheet

Name:		SID:				
Application Date:	Qualification Date:	ACT Composite:				
Transfer Institution:						
Qualification Requirements						
Competency	① ACT Score	ACCUPLACER Test Score	Met	Recommended Course Work	Hours	Completed Course Work / Grade
Writing/ English	18	5-7		ENG 111	3	
	17 or below	4 or below		ENG 090 or 095	3	
Reading	21 - Reading	60 or higher		Exempt	3	
	20 or below	59 or below		ENG 080 or 095		
Arithmetic	15-18	31-69		MTH050	3	
		70-120		MTH 080		
Elem Algebra	19-21	67-107		MTH 090	3	
	22+	108-120		STA 120		
College Level Math	22-26	36-70		STA 120	3	
Biology	20 - Science (Natural Science)			BIO101	4	
② Establish and maintain minimum 2.0 GPA for any previous college course work. ③ Allied Health Orientation						

Students must complete requirements ①②③ prior to being placed on the qualification list. All courses must be completed with a grade of "C" or better.

IMPORTANT QUALIFICATION INFORMATION FOR EXERCISE SCIENCE PROGRAM

It is the student's responsibility to notify Rhodes State College of any name, address or phone number changes. Students are notified of their acceptance into the program by U.S. Mail. Once offered an acceptance, the student has a specific period of time to respond. If, for any reason, an invited student does not respond, that student is removed from the qualification list, and the seat is offered to the next student. The most common reason this happens is because the student failed to update their address and phone number. To update information, please contact the Advising Office, 148 Public Services Building or call 419-995-8400.

After qualifying, a student must maintain a 2.0 or higher GPA in order to remain on the qualified list. If the student's GPA drops below 2.0, the student will be removed from the list. To re-qualify, the student must raise the GPA to or above 2.0. The student will then be added to the qualification list based on the re-qualification date, which would be the last day of the term during which the GPA was raised to 2.0 or higher.

General and Related Studies Courses Required for Graduation

Course	Title	Prerequisites	Hours	Transfer	Grade	Completed
ENG113	Speech		3			
BHS1560	Smoking Cessation & Education	None	1			
BIO231	Anatomy and Physiology I	BIO 101	4			
BIO232	Anatomy and Physiology II		4			
PSY110	General Psychology		3			
ENG111	English Composition I		3			
STA120	Statistics.		3			
MKT110	Intro to MKT		3			
BIO131	Nutrition		3			

*Rhodes Courses

Courses at Northwest State may require additional prerequisites not listed, please contact NSCC

Students will have additional requirements that will have to be met before entrance into EXS program. Including, but not limited to: physical, immunizations, and background check, See Advisor regarding further details.

Technical Studies for the Exercise Science Program			
** Students must be invited and have accepted a seat in the Respiratory Care Program to enroll in these courses. **			
Course	Title	Prerequisites	Hours
First Year			
Fall Semester			4
EXS 1000	Introduction to Exercise Science		4
Spring Semester			4
EXS 1010	Exercise Assessment and Prescription		4
Summer Semester			7
EXS 1020	Basics of Personal Training		3
EXS 1030	Athletic Facility Management		2
EXS 1040	Exercise Science Practicum I		2
Second			
Fall Semester			10
EXS 2000	Kinesiology for Exercise Science		4
EXS 2010	Wellness and Disease Prevention		3
EXS 2020	Basics of Athletic Training		3
Spring Semester			8
EXS 2030	Strength and Conditioning		4
EXS 2040	Exercise Science Practicum II		2
EXS 2050	Exercise Science Capstone		2

Rev 6/6/16